PLANT FACT SHEET

Sasa kurilensis (Rupr.) Makino & Shibata

GENUS *Sasa* **FAMILY** Poaceae

COMMON NAMES Chishima zasa

EDIBLE PARTS AND USES

Edible parts: Seeds, Stem, Cereal, Shoots

The young shoots are eaten either cooked, canned or preserved.
The seeds are also eaten.

DESCRIPTION

A running bamboo. It grows 1 m tall. The leaves are thick and have a wavy edge.

HABITAT

It is very cold tolerant. It can grow in sun or light shade. It can tolerate temperatures to -21°C. It suits hardiness zone 7.

NOTES

There are 60 Sasa species. They are bamboos from NE Asia.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bb17a7c9-35e7-483d-855c-7947c5f6d0c4