PLANT FACT SHEET

Cephalocroton mollis Klotzsch

GENUS *Cephalocroton* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Tuber, Root, Fruit

The kernel of the seeds is eaten raw.
The root tubers are occasionally eaten.

DESCRIPTION

A herb. It can be a small shrub with several stems. It has underground stems or rhizomes. It can grow 3.6 m high. It has a woody rootstock. The new stems have hairs. The leaf blades can be 1-11 cm long by 1-5 cm wide. They are narrowly oval. The flowers are in clusters at the ends of branches. They are white with yellow stamens. The male flower head is 2 cm across. There is a ring of 1-4 female flowers at its base. The fruit are 1 cm long by 1.5 cm wide. It is a woody capsule. They are green and hairy. The seeds are 6-8 mm across and light brown.

HABITAT

It is a subtropical plant. It grows in hot arid areas. It needs deep, well-drained sandy soils or loams. It grows between 25-1,100 m above sea level. It can grow in arid places.

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