PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Cycnium tubulosum (L. f.) Engl.

GENUS *Cycnium* **FAMILY** Scrophulariaceae

COMMON NAMES Vlei ink-flower

EDIBLE PARTS AND USES

Edible parts: Root, Rhizome

DESCRIPTION

A herb that can be erect or straggling. It has a woody tuberous rhizome. It can grow partly by feeding on grass roots. The stems are 5-40 cm long. The leaves are 7 cm long. They are narrowly oval. They can have teeth or lobes. The flowers are pink, white or mauve. They have a sweet scent. The flowers can occur singly. The fruit is a capsule 5-15 mm long. It has wings.

HABITAT

It is a tropical plant. It grows on damp meadows. It also grows in swamps and river banks and in water up to 1 m deep. It can grow up to 1,540 m altitude.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bb5397e9-b7b1-4934-af38-6e24e1c520ec