PLANT FACT SHEET

Cyperus austroafricanus C.Archer & Goetgh.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are boiled and eaten.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. It grows 60 cm tall.

HABITAT

A tropical plant. It suits the dry tropics.

REFERENCES

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 403 (As Mariscus dregeanus)

Swaziland's Flora Database http://www.sntc.org.sz/flora (As Mariscus dregeanus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bb5500bd-217c-470f-a18e-8773b44fc33c