PLANT FACT SHEET

Equisetum ramosissimum Desf.

GENUS *Equisetum* **FAMILY** Equisetaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Stem

DESCRIPTION

A herb. It has underground rhizomes.

HABITAT

It is a Mediterranean plant.

REFERENCES

Blanco-Salas, J., et al, 2019, Wild Plants Potentially Used in Human Food in the Protected Area "Sierra Grande de Hornachos" of Extremadura (Spain). Sustainability 2019, 11, 456

Li, S., et al, 2020, Monpa, memory, and change: an ethnobotanical study of plant use in Mêdog County, South-east Tibet, China. Journal of Ethnobiology and Ethnomedicine. (2020) 16:5 p 17

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bb5d24f4-8dd5-46ac-85ef-bff27f489c20