PLANT FACT SHEET

Suaeda nigra (Raf.) J. F. Macbr.

GENUS *Suaeda* **FAMILY** Amaranthaceae

COMMON NAMES Desert seepweed, Bush seepweed, Mojave seablite

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The seeds are boiled and used as a porridge.
The leaves are roasted in pits to flavour other foods such as cactus fruits.

DESCRIPTION

A herb.

HABITAT

It is a warm temperate plant. It can tolerate salty conditions.

NOTES

Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bb8fe2f2-0d26-4693-bece-c4596b191e73