PLANT FACT SHEET

Alepidea amatymbica Eckl. & Zeyh.

GENUS *Alepidea* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Roots - flavouring

The roots are used as food flavouring and a preservative.

DESCRIPTION

A herb. It grows 2 m tall. It has many thick side roots. The stems have grooves. The leaves at the base are oblong and 25 cm long by 9 cm wide. The leaves on the stem get smaller up the stem. The leaves have teeth around the edge.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 18

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bba9f8ad-179e-42a5-a2cb-c3fcb9f7f137