PLANT FACT SHEET

Sphallerocarpus gracilis (Besser ex Trevir.) Koso-Pol.

GENUS *Sphallerocarpus* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Plant, Root

The young plant is eaten

DESCRIPTION

A herb. It grows 50-120 cm tall. The root is fattened and cone shaped. The stem is hairy towards the base. The lwoer leaves fall off and the leaves on the stem have leaf stalks. These are 1-7 cm long. The leaf segments at the end are oval and 5-10 mm long by 3-5 mm wide and with 3 lobes or teeth.

HABITAT

It is a temperate plant. It grows on mountain slopes and waste places between 500-2,800 m above sea level in north China.

NOTES

There is only one Sphallerocarpus species.

REFERENCES

BARANOV

Bull. Soc. Imp. Naturalistes Moscou ser. 2, 29:202. 1915

https://en.wikipedia.org/wiki/List of wild edible plants in Mongolian cuisine

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bbece901-d351-4336-82a3-a857b06c0f4b