PLANT FACT SHEET

Thonningia sanguinea Vahl

GENUS *Thonningia* **FAMILY** Balanophoraceae

COMMON NAMES Ground pineapple

EDIBLE PARTS AND USES

Edible parts: Rhizome - flavouring, Root, Spice

The rhizome is used to flavour sauces and other dishes.

DESCRIPTION

A plant that grows attached to other trees for food. It has a stout rhizome or underground stem. There are tubers where the rhizome attaches to the host plant. The scaly flower heads only appear above the ground. They are 7 cm high

HABITAT

It is a tropical plant. It grows in woodland and in forests along rivers. In Nigeria it has been recorded at 230 m above sea level.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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