PLANT FACT SHEET

Silene latifolia Poir.

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES White campion

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are boiled and eaten. They are used in stews.

DESCRIPTION

A herb. It grows each year from seed. It grwos 40-80 cm tall. The leaves are sword shaped and 6-8 cm long by 1-3 cm wide. They are hairy.

HABITAT

It is a Mediterranean climate plant. In China it grows between 1,100-1,500 m above sea level.

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