PLANT FACT SHEET

Cullen tomentosum (Thunb.) J. W. Grimes

GENUS *Cullen* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Root - agent

The leaves are used to flavour tea,
The roots are used to curdle milk. This gives and good taste an produces a kind of yoghurt.

DESCRIPTION

A herb. It keeps growing from year to year. It is covered with white hairs. The leaves have 3 leaflets and teeth around the edge. Flowers occur in groups of three. The fruit are small oval pods.

HABITAT

It is a tropical plant. It grows in mountain locations and on dunes.

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bc2e918a-7aa2-4b0b-9feb-0b526d686025