PLANT FACT SHEET

Cephalocroton cordofanus Hochst.

GENUS *Cephalocroton* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Seeds - oil

DESCRIPTION

A shrub. It can be erect or sprawling and has many branches. It grows 30-300 cm tall. It has a stout taproot. The seeds are 8 mm long and 6 mm wide. They are smooth and grey. They are shiny and can be mottled.

HABITAT

It is a tropical plant. It grows in dried out river beds that are seasonally flooded. It is usually on sandy soils. It grows up to 1,200 m above sea level.

PRODUCTION

Cultivation

Plants are grown from seeds.

REFERENCES

East African Herbarium records, 1981,

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Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 109

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bc6cea0a-f550-4fce-a08d-3be9043b0148