PLANT FACT SHEET

Cladophora sp

GENUS *Cladophora* **FAMILY** Cladophoraceae

COMMON NAMES Khai, Kaipen

EDIBLE PARTS AND USES

Edible parts: Algae

The fresh algae is added to soups and stews for flavour.
It is also dried and pressed into sheets along with finely sliced vegetables and sprinkled with sesame seeds.
The dried product is grilled or briefly deep fried.

DESCRIPTION

A freshwater algae.

HABITAT

A tropical plant. It grows in the stagnant waters of the Mekong in Laos.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 258

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bc6f9b57-ffcf-41b9-bc11-5ce77373863f