PLANT FACT SHEET

Salix gooddingii C. R. Ball

GENUS *Salix* **FAMILY** Salicaceae

COMMON NAMES Goodding's willow

EDIBLE PARTS AND USES

Edible parts: flower, Flowers, Shoots - tea, Bark

The honey dew obtained from cut branches is eaten.
The young shoots are used to make tea.
The catkins are eaten raw.
The bark is eaten raw or cooked in hot ashes.

DESCRIPTION

A tree.

HABITAT

It is a temperate plant.

REFERENCES

https://www.fireflyforest.com/flowers/category/edible-plants/ Edible Plants – Southeastern Arizona Wildflowers and Plants

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 503

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bc8b33ab-c80c-424a-ac30-c7bddb03cb7a