PLANT FACT SHEET

Microcos triflora (Blanco) R. C. K. Chung

GENUS *Microcos* **FAMILY** Malvaceae

COMMON NAMES Kamuling

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A tree. It grows 15 m tall. It can be 35 m tall. The trunk is 30 cm across. The leaves are alternate and simple. The leaves are sword shaped and 12-18 cm long by 5 cm wide. The flowers are 8 mm across and yellow to pink. The fruit is oval and fleshy. It is 2-3 cm long. It is yellow.

HABITAT

A tropical plant. It grows in forests at low and medium levels above sea level. It grows up to 400 m above sea level. It can be on sandy or clay soils but also on limestone.

NOTES

There are about 200 Grewia species. They are mostly tropical. The fruit of most may be edible. These were in the Sparrmanniaceae and the Tiliaceae.
The fruit are rich in iron and calcium.
Name unresolved in The plant List.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 2729 (As Microcos stylocarpa)

Brown, W.H., 1920, Wild Food Plants of the Philippines. Bureau of Forestry Bulletin No. 21 Manila. p 110 (As Grewia stylocarpa)

Perkins, Fragm. fl. Philipp. 1:104. 1904

PROSEA No. 2 (As Microcos stylocarpa)

Slik, F., www.asianplant.net

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bc979242-c9a7-416b-8f49-74fc14526ed9