PLANT FACT SHEET

Chasmanthe aethiopica (L.) N. E. Br.

GENUS *Chasmanthe* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Bulb, Corm, Root

The corm or bulb is eaten as a snack and also cooked as a vegetable.

DESCRIPTION

A corm or bulb plant. It grows 40-65 cm tall. It has papery coatings over the corm. The stems are unbranched. The leaves are sword shaped. The flowers are in a spike that lies sideways.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 67

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bcc616a2-1620-42bb-97fe-a407bce615b8