PLANT FACT SHEET

Xanthisma gracile (Nutt.) Shinners

GENUS *Xanthisma* **FAMILY** Asteraceae

COMMON NAMES Slender goldenweed, Annual bristleweed

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are dried and used as food.

DESCRIPTION

A herb. It grows each year from seed and grows 45 cm tall. It has bristles. The leaves are oval and 1-3 cm long and divided into lobes. The flower heads are yellow.

HABITAT

It is a temperate plant. It can grow in deserts.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 326 (As Machaeranthera gracilis)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bccb1d9e-3ec7-429f-8dd8-8f4dbac9363d