PLANT FACT SHEET

Cirsium spicatum (Maxim.) Mitsuma

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Tiger thistle

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Stems

The leafy shoots are eaten.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

NOTES

There are about 150-250 Cirsium species. They grow in temperate regions.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

READ (As Cnicus spicatus)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bcf94aa1-cd74-4e53-8781-58ea261a0cd8