PLANT FACT SHEET

Fimbristylis tristachya var. subbispicata (Ness. & May.) T. Koyama

GENUS *Fimbristylis* **FAMILY** Cyperaceae

COMMON NAMES Sedge, Pond onion

EDIBLE PARTS AND USES

Edible parts: Shoots, Roots

The roots and shoots are eaten.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks.

HABITAT

It is a temperate plant.

NOTES

There are about 300 Fimbristylis species. They are mostly in Asia and Australia.

REFERENCES

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 42

READ, 1946, (As Fimbristylis subspicata)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bd102d13-65f4-41db-9cbc-64f8dfefe302