PLANT FACT SHEET

Aptosimum albomarginatum Marloth & Engl.

GENUS *Aptosimum* **FAMILY** Scrophulariaceae

COMMON NAMES Koegab

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Roots - coffee

The leaves are used to make a tea like drink. It has a gingery taste.
The roots are used as flavouring and to make a coffee substitute.

DESCRIPTION

A herb or small shrub. It is erect and spiny. It grows up to 60 cm high. The stems are woody and pale brown. The leaves are narrow and sword shaped with a spiny tip. They are white with thickened edges to the leaf. The flowers are pale blue and tube shaped. They are produced in the axils of the leaves. The fruit are oval capsules 6 mm long.

HABITAT

It is a subtropical plant. It grows in hot arid places with a marked dry season. It grows in well drained sandy or loamy soil. It grows between 760-1,800 m above sea level. It can grow in arid places.

REFERENCES

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 11th June 2011]

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bd137af4-cbab-493a-aea6-d49e973d43b5