PLANT FACT SHEET

Cleome strigosa (Bojer) Oliv.

GENUS *Cleome* **FAMILY** Cleomaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

DESCRIPTION

A herb. It grows each year from seeds. It has longs tiff hairs. The leaves have 3-5 leaflets. The leaflets are 5 cm long by 2.4 cm wide. The flower petals are mauve. The fruit capsules are 20-35 mm long by 2 mm. They are spreading or drooping.

HABITAT

A tropical plant. It grows in the lowlands. It grows up to 275 m above sea level.

NOTES

There are about 150 Cleome species.

REFERENCES

East African Herbarium records, 1981,

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 47, 48

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 68

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 181

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 77

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bdbe0e0c-4b64-4db6-9338-d4d87ea187eb