PLANT FACT SHEET

Triteleia laxa Benth.

GENUS *Triteleia* **FAMILY** Asparagaceae

COMMON NAMES Grassnut

EDIBLE PARTS AND USES

Edible parts: Root, Bulb

The bulbs are roasted and eaten.

DESCRIPTION

An onion family plant. It is a lily like corm or bulb plant. It grows 60-75 cm high and spreads 20-30 cm wide. The flower stems are sturdy. The flower heads are 15 cm wide. The flowers are funnel shaped and blue or white. The flower stalks are 5 cm long.

HABITAT

It is a temperate plant. It will grow in most well-drained soils. It needs a protected, sunny position. It is resistant to frost but sensitive to drought. It suits hardiness zones 6-9.

PRODUCTION

Cultivation

Plants can be grown by seed or by division.

NOTES

Also put in the family Alliaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994)

Cundall, P., (ed.), 2004, Gardening Australia: flora: the gardener's bible. ABC Books. p 1432

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 302

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 569

Trans. Hort. Soc. London ser. 2, 1:413, t. 15, fig. 2. 1835

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bdc5b5a5-9fdd-4400-a3d7-a8de3132a1ae