PLANT FACT SHEET

Gazania krebsiana Less.

GENUS *Gazania* **FAMILY** Asteraceae

COMMON NAMES Common gazania

EDIBLE PARTS AND USES

Edible parts: Leaves, Flowers, Root

The flowers are eaten raw.
The roots and leaves are eaten as a snack.

DESCRIPTION

A herb. It keeps growing from year to year. It lies along the ground. It can be 15 cm high. The leaves are in a clump near the base. They are grey-green. The mature leaves are compound and have 4-6 small narrow lobes on each side. They are rough to touch. They are shiny green on the upper surface and white and woolly underneath. The leaf and stalk can be 17 cm long. The flowers are daisy like. They are on long stalks. The flower stalk contains milky sap. There are a range of colours and they can be striped. The flower heads are 5-6 cm across.

HABITAT

It is a tropical and subtropical plant. It is best in well drained, compost rich soil. It grows in drier areas.

PRODUCTION

Cultivation

Plants can be grown from seeds or by division of the clump.

Harvesting and Seed Production

It is fast growing.

REFERENCES

Guillarmod, J., 1971,

Joffe, P., 2007, Creative Gardening with Indigenous Plants. A South African Guide. Briza. p 256

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/ (As subsp. serrulata)

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 90

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 34

Vinnicombe, 1976,

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bdcdae72-1c3f-44b0-a29c-2a29942bee01