PLANT FACT SHEET

Sida ovata Forssk.

GENUS *Sida* **FAMILY** Malvaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb or shrub. It is erect and keeps growing from year to year. It grows 90 cm high. It is hairy. The leaves are 2-5 cm long and 1-4 cm wide. They are oval and have coarse teeth. They are dark green above and ash grey underneath. The flowers are white and in the axils of leaves. They occur singly or in pairs.

HABITAT

It is a tropical plant. It grows in well drained soil and can be in rocky and sandy soils. It grows between 800-1,200 m above sea level. It is rare in Swaziland. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bddc2c8e-bde2-40da-a0d4-852f650958c1