PLANT FACT SHEET

Viburnum cylindricum Buch.-Ham. ex D. Don

GENUS *Viburnum* **FAMILY** Viburnaceae

COMMON NAMES Arrow wood

EDIBLE PARTS AND USES

Edible parts: Seeds - oil, Fruit, Seeds

The oil from the seeds is used for cooking.
The seeds are dried and boiled in water.

DESCRIPTION

A shrub or small tree. It grows 3.5 m high and spreads 3.5 m wide. The leaves have stalks. They are opposite. Leaves are 8.5-20 cm long by 2.5-6 cm wide. They are oblong to sword shaped. They taper to the tip and are leathery. Flowers are white. They occur in flat topped heads at the ends of branches. The fruit is fleshy with a hard covering over the seed. It is orange when ripe. The fruit are edible.

HABITAT

It is a temperate plant. In Nepal it grows between 1000-2500 m altitude. It grows in open, rocky places. It suits hardiness zones 6-8. It grows in Sichuan and Yunnan. Arboretum Tasmania. Hobart Botanical Gardens.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

NOTES

Also put in the family Caprifoliaceae.

PICTURES



Credit: Food Plants International (Bruce French)



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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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