PLANT FACT SHEET

Hedeoma patens M. E. Jones

GENUS *Hedeoma* **FAMILY** Lamiaceae

COMMON NAMES Mapa, Wild oregano

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used for flavouring meat.

DESCRIPTION

A herb that keeps growing from year to year. It grows 20 cm tall. The flowers are purple and have a throat that is white with darker spots.

HABITAT

A tropical plant. It grows between 1,430-2,000 m above sea level. Also up to 3,000 m in Durango. It grows in the desert.

REFERENCES

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Martin, P. S. et al, (Eds.), 1998, Gentry's Rio Mayo Plants. The Tropical Deciduous Forest & Environs of Northwest Mexico. University of Arizona Press. p 374

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be24d355-f332-4918-9dae-dc5c3e3477e2