PLANT FACT SHEET

Menisciopsis cyatheoides (Kaulf.) S.E.Fawc. & A.R.Sm.

GENUS *Menisciopsis* **FAMILY** Thelypteridaceae

COMMON NAMES fern, Kikawaio, Kikawaioa, Pakikawaio

EDIBLE PARTS AND USES

Edible parts: Fronds, Leaves, Shoots, Root

The leaf shoots are eaten raw.
The root is scraped and eaten raw.

DESCRIPTION

A fern.

HABITAT

A tropical plant.

NOTES

There are about 200 Dryopteris species.
Also put in the family Dryopteridaceae

REFERENCES

HANDY, (As Dryopteris cyatheoides)
NEAL, (As Dryopteris cyatheoides)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be30af65-4d0f-4796-8128-d4ac0ae755cd