PLANT FACT SHEET

Maesa lanceolata var. golungensis Hiern

GENUS *Maesa* **FAMILY** Primulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Fruit

Young leaves are cooked and eaten as a vegetable.

DESCRIPTION

A shrub or small tree. It grows 2-10 m tall. It can be climbing. The leaves are oval and 5-22 cm long by 2-12 cm wide. The leaves are softly hairy underneath. The flowers are small and creamy-white. They are in branched heads 10 cm long. The fruit is small, round, white and fleshy.

HABITAT

It is a tropical plant. It grows in forests near rivers. It suits the wet tropics.

PRODUCTION

Cultivation

Plants are grown from seeds. The fruit are dried and crushed to release the seeds and then sown. They are best put in a nursery and later transplanted.

Harvesting and Seed Production

It grows quickly.

NOTES

They are also put in the family Myrsinaceae.

REFERENCES

Latham, P & Mbuta, A., 2017, Useful Plants of Central Province, Democratic Republic of Congo. Volume 2. Salvation Army p 6 (As Maesa lanceolata var. rufescens)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be5ca5a6-87ae-4c06-9c96-8d21e2b77927