PLANT FACT SHEET

Nepeta x faassenii

GENUS *Nepeta* **FAMILY** Lamiaceae

COMMON NAMES Catmint

EDIBLE PARTS AND USES

Edible parts: Herb, Leaves

DESCRIPTION

A herb. It grows 45 cm high. The leaves are oval or heart shaped. They are 2.5 cm long. The flowers are blue.

HABITAT

It is a temperate plant. It suits hardiness zones 3-8.

PRODUCTION

Cultivation

It has to be grown from cuttings of division. It does not form seeds.

NOTES

There are over 200 Nepeta species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

http://www.botanic-gardens-ljubljana.com/en/plants

Lawton, B.P., 2002, Mints. A Family of Herbs and Ornamentals. Timber Press, Portland, Oregon. p 91, 160

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be7804c1-58af-4b22-9249-45724a6ffc8a