PLANT FACT SHEET

Peritoma arborea (Nutt.) H. H. Iltis

GENUS *Peritoma* **FAMILY** Capparaceae

COMMON NAMES Bladderpod

EDIBLE PARTS AND USES

Edible parts: Seeds, Flowers, Pods

The green pods are cooked and eaten.

DESCRIPTION

A shrub. It keeps growing from year to year. It grows 50-125 cm tall. The leaves have 3 equal leaflets. They are oval and pointed at the tip. The flowers are yellow. The fruit is a leathery capsule 4 cm long.

HABITAT

It is a temperate or Mediterranean plant. It grows in the desert. It grows up to 1,300 m above sea level.

NOTES

Also put in the family Cleomaceae.

REFERENCES

Beckstrom-Sternberg, Stephen M., and James A. Duke. "The Foodplant Database." http://probe.nalusda.gov:8300/cgi-bin/browse/foodplantdb. (ACEDB version 4.0 - data version July 1994) (As Isomeris arborea)

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 78 (As Isomeris arborea)

J. J. Torrey & A. Gray, Fl. N. Amer. 1:124. 1838 (As Isomeris arborea)

Uphof, (As Isomeris arborea)

USDA plants

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be7d66f5-3142-44e5-9552-530c6b2eff7d