PLANT FACT SHEET

Halimione portulacoides (L.) Aellen.

GENUS *Halimione* **FAMILY** Amaranthaceae

COMMON NAMES Sea purslane

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves can be eaten raw in salads or cooked as a potherb.

DESCRIPTION

A small shrub. It grows 75 cm tall. The leaves are thick and succulent.

HABITAT

It is a temperate plant. It grows in salt marshes near the seaside. It is often flooded at high tide.

NOTES

Also put in the family Chenopodiaceae.

REFERENCES

Cerne, M., 1992, Wild Plants from Slovenia used as Vegetables. Acta Horticulturae 318

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/be8f55d4-34c3-40af-bc58-ec27c47e43ef