PLANT FACT SHEET

Hypnea charoides Lamouroux

GENUS *Hypnea* **FAMILY** Cystocloniaceae

COMMON NAMES Spiny red weed

EDIBLE PARTS AND USES

Edible parts: Algae, Frond, Seaweed

It is eaten in salads.

DESCRIPTION

A seaweed or sea vegetable. It is light red-brown. It grows 20 cm tall. It has a tangled base and upright branches.

HABITAT

A tropical plant.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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