PLANT FACT SHEET

Polygonum equisetiforme Sibth. & Smith

GENUS *Polygonum* **FAMILY** Polygonaceae

COMMON NAMES Gudhabah

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

The leaves are used as a condiment for tea.
They are also used in relishes and chutneys.

DESCRIPTION

A herb. It lies along the ground and keeps growing from year to year.

HABITAT

It grows in Mediterranean climates. It can grow in salty soils. It can grow in arid places.

REFERENCES

Bailey, C. and Danin, A., 1981, Bedouin Plant Utilization in Sinai and the Negev. Economic Botany 35(2): 145-162

Bidak, L. M., et al, 2015, Goods and services provided by native plants in desert ecosystems: Examples from the northwestern coastal desert of Egypt. Global Ecology and Conservation 3 (2015) 433–447

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 4th June 2011]

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/beac64f5-a3e2-415c-ab9f-168421bc9e2e