PLANT FACT SHEET

Falcaria vulgaris Bernh.

GENUS *Falcaria* **FAMILY** Apiaceae

COMMON NAMES Longleaf, Sickle weed

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are mixed with chickweed and other edible leaves and added to flat bread with various other stuffings.
The leaves are also cooked and eaten. They are added to stews.
The young stems are cooked and eaten in salads and used for pickles. They are also used as a spice for cheese.

DESCRIPTION

A herb. It can grow each year from seeds or keep growing for a few years. It grows 25-100 cm tall.

HABITAT

It is a Mediterranean plant.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bee63375-eb93-47e9-b9eb-524cd528044d