PLANT FACT SHEET

Alpinia glabra Ridl.

GENUS *Alpinia* **FAMILY** Zingiberaceae

COMMON NAMES Lalemas besai, Lalemas kampung

EDIBLE PARTS AND USES

Edible parts: Fruit, Shoots

DESCRIPTION

A ginger family plant 1-2 m tall. The fruit are red when ripe.

HABITAT

It is a tropical plant.

REFERENCES

Hoare, A., 2003, Food use of the Lundayeh SW Sabah. Borneo Research Council.

Poulsen, A. D., 2006, Gingers of Sarawak. Natural History Publications, Borneo. p 11

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/befeb496-49ac-47bc-9a13-96462632311d