PLANT FACT SHEET

Afrosolen schimperi (Aschers. & Klatt) Goldblatt & Manning

GENUS *Afrosolen* **FAMILY** Iridaceae

EDIBLE PARTS AND USES

Edible parts: Corm, Bulb, Root

The corm is eaten raw or baked. The brittle covering is removed. The corms are also pounded and used in stews.

DESCRIPTION

A herb. It grows 30-80 cm high. It has a bulb and keeps growing from year to year. The bulb can be 18-22 mm across. It has a netlike covering. It is dark brown. It can be 25 cm deep. The stems are angled. It has about 3 leaves. The flower has as a scent. The flower tube can be 12 cm long. It is white.

HABITAT

It is a tropical plant. It grows in seasonally water logged soils. The soils can be sandy loams or clays. It grows in locally moist sites in arid country. It can grow in arid places.

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bf043c0a-2474-4303-9c05-417d934e4e64