PLANT FACT SHEET

Cyperus macrostachyos Lam.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Stems

The stems are peeled and cooked.

DESCRIPTION

A tufted sedge. It has short underground runners or rhizomes and can grow from year to year. It grows 0.3-1.5 m high. The flowers are green and brown.

HABITAT

A tropical plant. It can grow on sand, clay, mud and in swamps and near creeks. It suits the seasonally dry tropics.

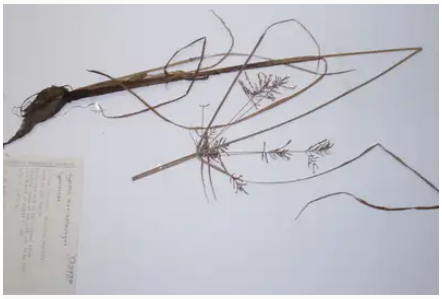
NOTES

There are 550 Cyperus species.

PICTURES



Credit: Food Plants International (Bruce French)



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REFERENCES

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Smith, Nicholas et al. 1993, Ngarinyman Ethnobotany: Aboriginal Plant Use from the Victoria River Area Northern Australia. Northern Territory Botanical Bulletin No 16. Parks and Wildlife Commission of the Northern Territory. p 18

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bf29ee6f-1617-42fa-84fc-ecf749c0ab62