PLANT FACT SHEET

Erigeron floribundus (Kunth) Sch.Bip.

GENUS *Erigeron* **FAMILY** Asteraceae

COMMON NAMES Asthma weed

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows for one or two years. It grows 3 m tall.

HABITAT

It is a tropical plant. It is common in wet regions along roadsides. It grows between 400-2,000 m above sea level in Kenya.

NOTES

It has medicinal properties.

REFERENCES

Kepe, T., 2008, Social Dynamics of the Value of Wild Edible Leaves (Imifino) in a South African Rural Area. Ecology of Food and Nutrition, 47:531-558 (As Conyza floribunda)

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 33 (As Conyza floribunda)

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179 (As Conyza sumatrensis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bf39cfb3-5827-42f0-a4d4-e692d3471ebc