PLANT FACT SHEET

# *Aframomum strobilaceum* (Sm.) Hepper

**GENUS** *Aframomum* **FAMILY** Zingiberaceae

## EDIBLE PARTS AND USES

**Edible parts:** Seeds - spice

The seeds are used as a substitute for cardamom.

## DESCRIPTION

A ginger family herb. It has leafy stems that grow 1-2 m tall. The flowers are white. The fruit are bright red.

## HABITAT

It is a tropical plant. It grows as an understorey plant in the forest.

## REFERENCES

Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 24 (As Amomum palustre)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/bf7d6463-2e7c-4f3c-b9f0-b584f68821ae