PLANT FACT SHEET

Scleria scrobiculata Nees & Meyen ex Nees

GENUS *Scleria* **FAMILY** Cyperaceae

COMMON NAMES Nut rush

EDIBLE PARTS AND USES

Edible parts: Tips, Fruit

The young tops and fruit are eaten.

DESCRIPTION

A sedge. These grow in clumps and have grass like leaves and solid stalks. The stalks are 1-2.5 m tall and 4-10 mm thick. They are 3 sided. The leaves are in rings of 2-5 in the middle of the stalk. The sheaths are 4-6 cm long. The leaf blade is 40 cm long by 1 cm wide. The flowering shoots are branched panicles with 2-3 spikelets in a cluster. The nutlets are white and round and 2-3 mm long. They are slightly 3 sided.

HABITAT

It is a tropical plant. In south China it grows in broad-leaved evergreen forests between 100-300 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bf8a9698-ecab-4d7c-8d76-11cf8ab42d6c