PLANT FACT SHEET

Anoda cristata (L.) Schltdl.

GENUS *Anoda* **FAMILY** Malvaceae

COMMON NAMES Crested anoda, Anoda weed

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are used for tea and also as a leafy vegetable.

DESCRIPTION

An annual herb. It grows 80 cm high. The stem is ridged and branching and it can be creeping. The leaves are delta shaped with large teeth or lobes along the edge. The flowers are blue, purple and violet. They occur singly in the axils of leaves. They are 2-3 cm wide. The fruit is a bristly capsule It has 9-20 segments. There is one seed in each segment.

HABITAT

It grows in warm temperate and tropical places. In Argentina it grows from sea level to 4,000 m above sea level.

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