PLANT FACT SHEET

Oenothera triloba Nutt.

GENUS *Oenothera* **FAMILY** Onagraceae

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are ground and used as food.

DESCRIPTION

A herb that takes 1 or 2 years to complete its life cycle. It has a stout taproot. The leaves are oval to sword shaped and 10-20 cm long. The flowers are in the axils of the leaves.

HABITAT

It is a temperate plant. It grows in dry woods and prairies.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 362 (As Oenothera triloba)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bfd54c73-aaa4-4a27-b815-b685d79284da