PLANT FACT SHEET

Galanthus nivalis L.

GENUS *Galanthus* **FAMILY** Amaryllidaceae

COMMON NAMES Snowdrop

EDIBLE PARTS AND USES

Edible parts: Bulb

The bulb is ground into flour during famines.

DESCRIPTION

A bulb plant. There are a range of cultivated varieties.

HABITAT

It is a temperate plant.

NOTES

Medicine, its bulbs containing alkaloids like galanthamine, which have shown potential for treating conditions like Alzheimer's disease.

REFERENCES

Simkova, K. et al, 2014, Ethnobotanical review of wild edible plants used in the Czech Republic. Journal of Applied Botany and Food Quality 88, 49-67

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/bfe91a78-37f9-45ee-b64d-4991d3c591e8