PLANT FACT SHEET

# *Sesamum latifolium* J. B. Gillett

**GENUS** *Sesamum* **FAMILY** Pedaliaceae

## EDIBLE PARTS AND USES

**Edible parts:** Seeds

## DESCRIPTION

A herb. It grows 60-120 cm tall. The stems are 4 sided and hairy. The leaves vary. Lower leaves are large and oval or heart shaped and 8-13 cm long by 9-18 cm wide. The upper leaves are smaller. They are oval and 2-5 cm long by 1-4 cm wide. They have teeth along the edge. The flowers are pale pink or mauve. The fruit capsule has short hairs and has 4 grooves. They are 2.7-3.1 cm long and 0.5 cm wide. The seeds are 3 mm long by 2 mm wide.

## HABITAT

It is a tropical plant. In Ethiopia it grows between 500-1,400 m above sea level.

## NOTES

This may be the ancestor of cultivated sesame.

## REFERENCES

Awas, T., 1997, A Study on the Ecology and Ethnobotany of Non-cultivated Food Plants and Wild Relatives of Cultivated crops in Gambella Region, Southwestern Ethiopia. Addis Ababa University. p 60

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/c005e7a8-0d09-490f-b95d-f8ea548ec688