PLANT FACT SHEET

Lathyrus articulatus L.

GENUS *Lathyrus* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The young seeds are cooked and eaten. They are also eaten raw.

DESCRIPTION

A bean family herb.

HABITAT

It is a warm temperate plant.

REFERENCES

INFOODSUpdatedFGU-list.xls

Lentini, F. and Venza, F., 2007, Wild food plants of popular use in Sicily. J Ethnobiol Ethnomedicine. 3: 15

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c00a22ed-8144-4afb-ac5d-617e0b8c9bb7