PLANT FACT SHEET

Ocimum obovatum E. Mey ex Benth.

GENUS *Ocimum* **FAMILY** Lamiaceae

COMMON NAMES Cat's whiskers

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Leaves - spice

DESCRIPTION

A herb. It is a ground cover plant that has several stems. They are hard. It has a woody rootstock. It grows 30 cm tall. The flowers are pale purple to white and in rings. They are at the ends of the branches and are frilly.

HABITAT

It is a tropical plant.

NOTES

Medicine - it has antimicrobial activity.

REFERENCES

Bussman, R. W., et al, 2011, Plant Use in Odo-Bulu and Demaro, Bale region, Ethiopia. Journal of Ethnobiology and Ethnomedicine. 2011, 7:28 (As Becium cf. obovatum)

Luizza, M. W., et al., 2013, Local Knowledge of Plants and their uses among Women in the Bale Mountains, Ethiopia. Ethnobotany Research & Applications 11:315-339

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c0504684-15da-4461-b080-b49bb0af972e