PLANT FACT SHEET

Chenopodium incanum (S. Watson) Heller

GENUS *Chenopodium* **FAMILY** Amaranthaceae

COMMON NAMES Mealy goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used as a potherb and salad green.
The seeds are ground into a meal.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions.
Also put in the family Chenopodiaceae.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 217

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c0634f22-10a7-4b60-8d54-1a200eaff860