PLANT FACT SHEET

Impatiens balansae Hook.f.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten.

DESCRIPTION

A herb. It grows each year from seed. It grows 40-60 cm tall. The stems are erect, robust and fleshy. The leaves are alternate. The leaves are grey-green underneath. They are oval to oblong and 12-15 cm long by 5-7 cm wide. There are many flowers together near the top of the branches. They are yellow.

HABITAT

It is a tropical plant. It grows in moist, shaded places between 1,000-1,400 m above sea level. In Yunnan.

PRODUCTION

Harvesting and Seed Production

Leave are available year round.

REFERENCES

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c09ae815-a82d-4ad5-a171-e3e0056bb944