PLANT FACT SHEET

Pouteria adolfi-friederici (Engl.) A. Meeuse

GENUS *Pouteria* **FAMILY** Sapotaceae

COMMON NAMES Sosi

EDIBLE PARTS AND USES

Edible parts: Seeds for oil, Fruit

The nut is used as food.
The seed contains edible oil.

DESCRIPTION

A very tall tree. It grows up to 50 m high. It has a clear straight trunk up to about 16 m then branches. Mature trees have buttresses at the base. The bark is pale grey-brown. If the bark is cut is produces white latex with an unpleasant smell. The flower and leaf stalks have golden-brown hairs. The leaves are stiff and large. They are 22 cm long by 8 cm across. The top leaf surface is dark shiny green. The leaves are hairy and pale orange underneath. There are 10-20 pairs of prominent veins. The tip of the leaf is pointed. Flowers are creamy-white. They are very small and in clusters beside the leaves. The fruit are hard and narrow with a beak. They are 4 cm long and green. Inside there is one shiny brown seed. It is 3 cm long. It has a large white scar.
Possibly now Aningeria adolfi-friedericii (Engl.) Robyns & Gilbert;
Possibly now

HABITAT

A tropical plant. It grows in Uganda at altitudes of 1,200-2,100 m above sea level. It is in lower mountain forests.

PRODUCTION

Cultivation

It can be grown from seed. Seed should be sown fresh. Seed will not store well.

Harvesting and Seed Production

The tree is slow growing. The fruit mature in April in Uganda.

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