PLANT FACT SHEET

Trollius chinensis Bunge

GENUS *Trollius* **FAMILY** Ranunculaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb. It keeps growing from year to year. It forms clumps. It grows 90 cm tall. The leaves have lobes like fingers on a hand. The flowers are yellow or golden and have several petal like sepals.

HABITAT

It is a temperate plant.

NOTES

It is described as edible and medicinal with antioxidants.

REFERENCES

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Zeng, Y., et al, 2014, Evaluation of antioxidant activities of extracts from 19 Chinese edible flowers. SpringerPlus 2014, 3:315

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c0b4fecb-ed91-4799-afb5-41ba09184089